

Issue 50
Sept — Oct 2024



“Family Fun Day”

Saturday 14th September ‘24



West Row Village Hall & Football Field

1pm -5pm

Stalls galore! Music! Performances!

Dog Show! Bouncy Castles!

Fire Engine! Pony Petting! Tug-0-War!

**1930’s style afternoon tea & cakes & ice
cream inside hall!**

BBQ!

****Bar will be open****

FREE ENTRY

Useful Information

Contacts for The Parish Echo

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 - **Printed By: riverside-print.com**
- NEXT ISSUE: Published November 2024**

Useful Phone Numbers

- ◆ Emergency for Police, Fire, Ambulance 999
- ◆ Police (Non-emergency) 101
- ◆ A & E (Addenbrooke's) 01223 217118
- ◆ Addenbrooke's Hospital (Cambridge) 01223 805000
- ◆ Newmarket Hospital 01638 558400
- ◆ West Suffolk Hospital (Bury St Eds) 01284 713000
- ◆ The Market Cross Surgery- Mildenhall
 - Appointments 01638 713109
 - Prescriptions 01638 713213
- ◆ Reynards Surgery—Red Lodge
 - Appointments 01638 552211
 - Prescriptions 01638 552211
- ◆ Electricity Emergencies—Power Cut 105
- ◆ Electricity Potential Hazards 0800 404090
- ◆ Anglian Water Leaks 0800 771881
 - 24 hour line 0345 7145145
- ◆ Social Services—office hours 0800 911109
 - out of hours emergency 0800 8004005
- ◆ Refuse Collection 01284 757320
- ◆ RSPCA Suffolk 0300 9997321
- ◆ Citizens Advice 0808 2787868
- ◆ Mildenhall Hub 01284 757473
- ◆ RAF Mildenhall 01638 545555

Dates for your Diary

SEPTEMBER

Friday 6th	Bingo West Row Bowls Club
Saturday 7th	70s Motown & Soul Bowls Club
Saturday 14th	Family Fun Day Village Hall
Sunday 15th	<u>Baptist Chapel</u> 10.45 Harvest Family Service (followed by 'bring & Share lunch') 6.30 Harvest Thanksgiving Service
Tuesday 17th	Community Lunch Baptist Chapel Call 07796 616679 to attend
Saturday 21st	Harvest Service The Shed 2 p.m.
Friday 27th	Fish & Chip Lunch Village Hall.

OCTOBER

Sunday 6th	Harvest Service St Peter's 11 a.m.
Tuesday 15th	Community Lunch Baptist Chapel Call 07796 616679 to attend
Friday 25th	Fish & Chip Lunch Village Hall
Saturday 26th	Bingo West Row Bowls Club

St Peter's Church

1st & 3rd Sunday	Sunday Celebration 11 a.m.
2nd & 4th Sunday	Holy Communion 11 a.m.

Parish Councillors

Alan Fisher	Chair
Rosalind Hamill	Vice Chair
Michael J Peachey	
Teressa Gooch Taylor-Balls	
June Goodenough	
Alan Goodenough	
Lisa Baker	
Martin Connery	
Sally Knight	
Sharon Vale	Parish Clerk

Contact details: westrowpc@gmail.com

West Suffolk District Councillors

Mick (Michael) Bradshaw
Don (Donald) Waldron

The Parish Echo editorial team takes no responsibility for endorsements of, or statements made in published adverts which are accepted in good faith. However, we reserve the right to refuse any advertisement, article, or item that we feel is considered inappropriate for publication.

A note from the EDITOR

Dear Reader,

Welcome to the 50th edition of the West Row Echo, which has now been published regularly for twelve consecutive years!

As usual, the publication contains many varied articles, which I hope you will find time to read and digest.

It is pleasing to see the resurrection of the West Row Gunners football team with details on page 7.

Continuing with a sporting theme the Village's bowls club has had a good season with many new members competing for and bringing credit to the Club. The Club is always seeking new players 12yrs and older. See further details on page 15

Around the Allotments' report on page 16, contains interesting information, tips, hints and useful websites that can be accessed.

The West Row Historical Society report on page 23 highlights the proposed activities planned for VJ day in 2025.

Don't forget that you can support the Hundred Club which generates an income to support the printing costs of the West Row Echo and you do have a chance of winning a cash prize

Best Wishes
Peter Rolfe
Editor

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Our deadline for

November/December 2024 is: 15th October 2024

Please email Helen Webber at
helen.webber60@gmail.com

Anything received after this date may be included in the next issue

Late Spring/Summer Quiz answers,

1. Bugs Bunny 2. Parker 3. Popeye 4. Pluto 5. Tigger 6. Yogi Bear 7. Dora 8. Harley Quinn
9. Olive Oyl 10. Zebedee 11. Peppa Pig 12. Garfield 13. Betty Boop 14. Morph 15. Felix
16. Pink Panther 17. Angelica Pickles 18. Donald Duck 19. Teletubbies 20. Windy Miller.

There were twelve entries with six people having 19 correct answers.

The winner, **drawn independently by lot**, was Anna Hetherington, Ferry Lane, West Row.

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MON 4.30-7.30pm

**PWL Acro & Gymnastic Club for children/adults of all ages
(pwldance.co.uk)**

TUES 7-8pm

**“Pilates for All” – Karen Peachey-Gallagher. All abilities & ages.
Contact Karen (07554 119550)**

THURS 6-6.45pm

**“STEP AEROBICS” – Open to everyone! Booking essential. Contact
Karen Peachey-Gallagher (07554 119550)**

THURS 7.30-9.30pm

**SWING JIVE CLASSES—Contact Martin /Caroline Culverhouse on
07886 492772 or Linda/Dale Goldthorpe 07399 776994**

FRI 12.30pm

**Monthly Fish & Chip Lunch. Contact Alan Fisher 07715 957292 or
churchman14@btinternet.com**

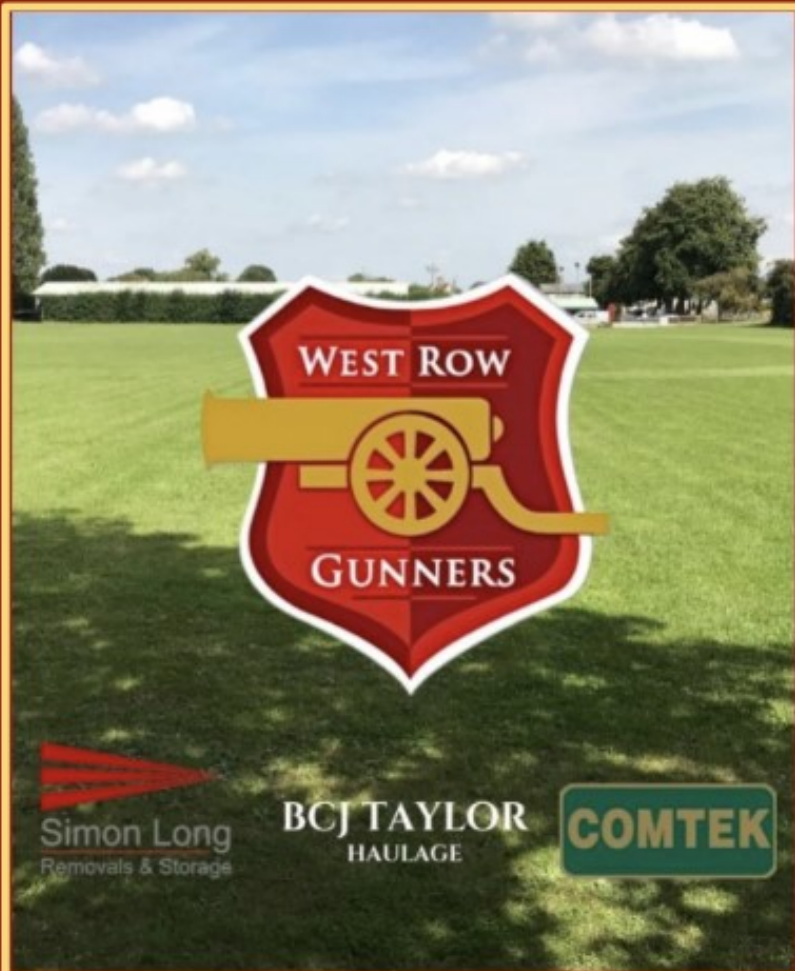
FRI 5.30-7.30pm

**Martial Arts Training with Darren Hart. Children & Adults welcome
– contact Darren on 07717 886917**

Hall Fees: £15 per hour (residents of parish) / £18 per hour – non residents

Extra Charge for Bar & Sun Lounge Hire

WEST ROW ARE BACK!



We are delighted to announce that football will be returning to the village! West Row Gunners FC have a long tradition of playing in the village and are hoping to integrate ourselves back into the West Row community. We are competing in Division 4B of the Cambridgeshire County League on Saturdays at the West Row playing fields. We hope to see you there!

We are a young and enthusiastic team, who are proud to be representing the village! If you're interested in playing or sponsoring a matchday please contact us:



Secretary@westrowfc.co.uk



07590 198005

HOME FIXTURES

SEPTEMBER 07, 2024 - 15:00 K.O

WEST ROW GUNNERS VS GREAT PAXTON RES

OCTOBER 05, 2024 - 15:00 K.O

WEST ROW GUNNERS VS TEMPSFORD SENIORS

OCTOBER 26, 2024 - 15:00 K.O

WEST ROW GUNNERS VS EXNING UTD RES

NOVEMBER 02, 2024 - 14:00 K.O

WEST ROW GUNNERS VS CAMBRIDGE AMBASSADORS RES

NOVEMBER 16, 2024 - 14:00 K.O

WEST ROW GUNNERS VS HARDWICK A

NOVEMBER 23, 2024 - 14:00 K.O

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Parish Update – September — October 2024

General updates .

This time of the year is generally quiet as School Holidays kick in.

We have however been busy in the background, on many projects, including various tidying up jobs around the village..

Our contractor will be cutting back the hedges and verges again in September.

Cemetery .

Outline Planning has been agreed for our own Cemetery .

Once SCC has transferred the land to us, the real work starts in fine tuning the design and layout.



Parish Office .



Our Parish Office is fully operational now

Parish Council Surgery Days .

Now we have a Parish Office, we will be holding regular surgery days starting September.

The Gunners .

We are pleased to welcome the Gunners back to West Row.

For 2024 / 2025 season home matches will be played at the Football Pitch by the Village Hall.

We wish them well for the coming season.



Future Events.

We will be hosting Hook a Duck for children at the Village Hall Fete on 14th September.

November Remembrance services are taking shape now.

Planning is already underway for Christmas Tree lighting and Santa touring the village.

Planning has already started for the End of WW11 Celebrations next year.

Alan Fisher
Chair West Row Parish Council



GCSE and A-levels what next?

So you've finally received your results after all the work you put into your exams and assessments. For the vast majority, this will be what you want and prepare you for your next step; however, if you are someone who has yet to quite get what you wanted and you are searching for your next step, let me show you options. This article will guide you through the options available after your GCSEs and A-levels. It will help you make informed decisions about your next steps. We'll explore pathways such as full-time education, part-time education, apprenticeships, and the Access to Higher Education Diploma. Each option offers unique advantages and opportunities for personal and professional growth.

Full-Time Education

Generally, straight after your GCSEs as a UK student, you have to stay in some form of education program up to 18; however, you get funded up to 19, which is very important later in this article. Now, there are different options within this pathway:

Sixth Form Education

For those of you who want familiarity and whose friends are often progressing to the same place, A-levels at your own school in their Sixth form may be for you. The Sixth Form route is traditionally for those with A-level ambitions in the traditional subjects available at GCSE. It is, however, prudent to highlight that your school offers the same quality at Sixth Form as it did at school.

This tool should help: <https://schoolopinion.co.uk/sixth form/>

A-levels are rigorous academic qualifications that span two years and are usually required for admission to higher education institutions. You'll typically study three to four subjects, with exams at the end of each course. My own experience, however, was that after a year, the traditional A-level route was not for me, and I needed to go and try something different in terms of a completely different subject, type of qualification and institution. Now, A-levels are a two-year program, and since the removal of AS levels, you need to finish the whole two years before you get a qualification. This will leave many of you with one year of free education if, at this point, your A-levels have yet to go the way you want. Scroll down this guide to the Access to HE section for advice on the next step and to identify what they are.

Sixth Form College

If you're looking for a more diverse range of subjects than your school offers, consider studying at a local Sixth Form college. These colleges offer academic and vocational courses, providing a broader educational experience. For example, you could mix photography BTECs with STEM A-levels. This way, you can gain practical training and in-depth knowledge in specific fields while pursuing more traditional academic qualifications. It's a great way to prepare for your future career while keeping your options open.

Further Education College

Vocational Qualifications

It's worth noting that while vocational qualifications from further education colleges can provide comprehensive training and qualifications, it's important to remember that some universities may not accept them. However, many university courses still accept vocational qualifications, and pursuing a vocational course can still be a great choice for those interested in specific career paths or trades. From my experience of doing a level 3, it is not a barrier as I went through my undergraduate studies to my Ph.D.; it's simply a different route.

It's also important to note that level 3 courses in further education colleges are equivalent to 2 to 3 A-levels and provide practical skills and hands-on experience. These courses are generally available to those with a GCSE level of 4 or above in Maths or English. If a student has a level 3 in Maths or English, they may be able to join the course with the stipulation that they also complete Maths or English alongside their main course.

Those who have achieved average GCSE grades of 3 or below may be offered a similar qualification on a level 2 program. It's important to note that levels are usually one-year courses, and the general practice is to progress from level 2 to level 3.

Access to Higher Education Diploma

The Access to Higher Education (HE) Diploma offers an alternative route to higher education for those who still need to achieve the necessary qualifications for their desired educational path. Here's what you need to know:

What is the Access to HE Diploma?

The Access to HE Diploma is a qualification designed to prepare students for degree-level study at year 0. It provides relevant subject knowledge and equips students with the necessary skills to approach university-level study successfully. Access to HE courses is usually completed within one year, although part-time options are available over a more extended period.

To be considered an official Access to HE course, it must be recognised by the Quality Assurance Agency for Higher Education (QAA). The QAA maintains a database of recognised Access to HE courses, ensuring students receive the appropriate qualifications upon completion. Successful completion of the Access to HE Diploma opens doors to degree-level study.

Course Structure and Requirements

Access to HE Diplomas consists of 60 credits, with 45 credits at level 3 and graded. The remaining 15 credits may be at level 2 or 3 and are not graded. To receive the diploma, students must successfully achieve all 60 credits. This pathway allows individuals of all ages and backgrounds to pursue higher education.

Part-Time Education

If you're already working, self-employed, or volunteering for more than 20 hours a week, part-time education can be a viable option to enhance your skills and qualifications. Here are a few possibilities:

National Citizen Service

For 16- to 17-year-olds, the National Citizen Service (NCS) is an exciting option. The government-backed program offers young people the chance to engage in social action projects, develop leadership skills, and gain valuable experience. NCS provides a structured program that combines learning, adventure, and volunteering. This is generally only six or so weeks long, well worth doing for your CV at some point, but this is only a short course or program.

Apprenticeships

Apprenticeships have recently gained significant popularity as a viable alternative to traditional education. They offer a unique combination of practical training and academic study. Here's what you need to know about apprenticeships:

How Apprenticeships Work

As an apprentice, you become an employee of a company, earning a wage and receiving holiday pay. You work alongside experienced staff, gaining job-specific skills and knowledge. Apprenticeships typically require you to dedicate at least 20% of your working hours to training and study related to your role. This can involve attending college or specialised training centres.

Levels of Apprenticeships

Apprenticeships are available at different levels, each corresponding to a particular educational equivalent. The levels are as follows:

Intermediate: Equivalent to 2 GCSEs

Advanced: Equivalent to 3 A-levels

Higher: Equivalent to a foundation degree and beyond

Degree: Offers opportunities to attain a bachelor's or master's degree alongside work experience

Apprenticeships can also provide additional qualifications, such as diplomas, further enhancing your skill set.

Eligibility and Experience

To start an apprenticeship, you must be at least 16 years old and live in England. Unlike full-time education, apprenticeships allow for a more flexible entry point. If you have relevant qualifications, industry experience, or completed training courses, you can start at a higher level or complete your apprenticeship quickly.

Considering Your GCSE Grades

Your GCSE grades can influence your options, but they don't have to limit your choices. While certain courses and institutions may require a minimum number of GCSE passes at specific grades, there are still numerous possibilities to consider:

Level 2 Courses

If you still need to achieve the qualifications for level 3 courses, you can pursue level 2 courses at college. These courses offer equivalent qualifications to GCSEs and can provide a pathway to progress to level 3 courses in the future.

Re-Sitting GCSEs

If you're determined to improve your GCSE grades, you can choose to re-sit any exams in which you didn't achieve your desired results. This option allows you to focus on specific subjects and aim for higher grades.

Apprenticeships at Level 2

Apprenticeships are not solely reserved for higher-level qualifications. You can begin an apprenticeship at level 2, allowing you to gain practical experience and qualifications while working towards higher levels.

Armed Forces

For some individuals, joining the armed forces may be a suitable option. The armed forces offer various levels of skills training that align with specific roles and responsibilities within the military.

Seeking Careers Advice and Guidance

Choosing the right pathway after GCSEs can be overwhelming. Seeking career advice and guidance is crucial for making informed decisions. I am happy to offer my own take as a career advisor. Here are some valuable resources and individuals you can turn to:

School Teachers and Careers Advisors

Your school teachers and dedicated career advisors are excellent sources of guidance. They can provide insights into different educational pathways, offer subject-specific advice, and help you explore various career options.

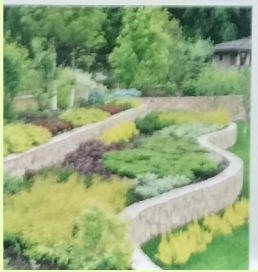
To wrap up:

Your GCSE results mark the beginning of an exciting journey full of possibilities. Whether you choose full-time education, part-time education, apprenticeships, or the Access to HE Diploma, each pathway offers unique personal and professional growth opportunities. Seek guidance, explore your options, and make informed decisions that align with your interests, passions, and long-term goals. Remember, your journey is not set in stone, and you can always adapt and pivot as you discover new passions and interests along the way.



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WEST ROW BOWLS CLUB NEWS

The Club has all but completed its outdoor season and at the time of writing has had a relatively successful season. In the five leagues the club competes in likely finishing positions are as follows:

Ely & District afternoon	League Champions—Season Complete
Ely & District evening	Runners Up—Season complete
Suffolk Area D	Currently second with three games to play
Bury & District afternoon	2nd from bottom, with three games to play
Bury & District evening -	Currently 4th with two games to play

In various cup competitions the club reached

Don Watson Slaver	Lost at Quarter Final Stage.
Gilbert Cup	Currently due to play in the Semi-final
Agnew Cup	Lost at Quarter Final Stage.
Frank Turner	Finalists
Area D League Cup	Currently due to play in the Semi-final

The Indoor season starts in mid September and the Club is looking for new bowler members. Any one interested in taking up the sport of bowls is offered their first five coaching sessions free of charge. Following this, new members can join as a Social / Beginner at a cost of £18. Youngsters in full time education are entitled to a first year of free membership.

The first coaching session is on Wednesday 18th. September and runs from 6.00p.m. - 7.00p.m. Coaching sessions then continue on subsequent Wednesdays. All bowling equipment is provided at the Club. Flat soled shoes that have only been worn indoors are required but the club does have a selection of shoes that can be borrowed.

If Wednesday Evenings are not suitable, still make contact as sometimes alternative arrangements can be made. Please contact Club Coach, Peter Rolfe for further details.

The Club is open most evenings so why not drop in to see what the Club has on offer and perhaps just join as a social member

For information regarding any aspect of the club please contact Club Coach, Peter Rolfe, tel: 07501 640328 or email:

peter.rolfe3@btopenworld.com

AROUND THE ALLOTMENTS IN SEPTEMBER & OCTOBER



Hopefully everyone is having a good summer, we've had some lovely sunshine but also a lot of wet weather and the combination has been very beneficial for weeds again this year. This has made keeping on top of hoeing and maintaining the allotments hard work over both the spring and summer months this year! It's also been a very bad year, due in the most part to the weather, for wasps, wild bees and butterflies which are all good for gardens (even the wasps!).

Many varieties of apples and pears are ready for harvesting in September and October and these can be stored for later use. It's a good idea to wrap the fruits individually in newspaper or kitchen-roll paper so they do not touch and then store in a cardboard box in cool, dark conditions for use in the winter months. Blackberries are usually about in early September and can be used for summer fruit puddings, pies and jams. A Delia Smith recipe for a quick blackberry jelly can be found online at <https://www.deliaonline.com/recipes/international/european/british/quick-bramble-blackberry-jelly>. Late season strawberries and raspberries can be picked and should continue cropping right up until the first frosts appear. If there's an abundance of fruit this can be stored in the freezer for use over the winter in jams, trifles, steamed puddings and sauces. It's a good time to pot any runners from strawberry plants into individual pots to make strong plants ready for next summer and these should be planted out again by November (before it gets too cold). Runners from raspberry canes can be planted directly into the ground for healthy new plants, again ready for next summer's harvesting.



Bramble Jelly

Walnuts are usually ready to be picked at the end of September and can be stored and eaten over the winter period. Pickled walnuts make a nice accompaniment to cold meat and cheese and one method for pickling can be found at <https://www.wildfooduk.com/wild-food-recipes/pickled-walnuts/>. Take care when preparing though as both the juice from the walnuts and the pickling brine stains badly. As the website says, gloves and an apron are essential!



Pickled Walnuts

As we get into cooler weather it's an ideal time to sow a variety of oriental vegetables such as pak choi, mizuna and wok broc (Chinese broccoli) in the greenhouse or under cover. These germinate quickly and are hardy enough to withstand the winter with a little care. Winter greens such as cabbages and cauliflowers should be planted by mid-September at the latest ready for harvesting just after Christmas. It is still early enough to plant some radishes and lettuces for a late crop, depending on the weather, and this usually take around 8 to 10 weeks to grow.



*Wok Broc
'Kichi'*

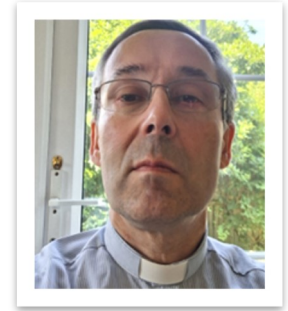


*Pak Choi
'Hanakan'*

Onions and potatoes should be out of the soil before the cold and damp autumn days arrive, these can be stored in a frost free environment, with onions in the light and potatoes in the dark to prevent them turning green. If you've grown sunflowers on the allotment or in the garden, leaving the seedheads in place will provide birds with some welcome food. It's also a good idea to try and get some ground turned over before winter ready for the next planting season and, as always, to keep on top of the weeds and cleaning as much as possible.

Hopefully September and October will be nice and warm with not too much wet weather!

St Peter's Church West Row



Churchwardens: Beryl Austin 01638 712708 - Debbie Eaglen
Elders: Tricia Leverington - David Sennitt

CONTACT:

Vicar: Rev'd Mark McCaghrey

Tel.: 01638 495001

Email:

mark.larkandlee@outlook.com

Which season is your favourite? Is it the new life of Spring, the warmth and vibrancy of Summer, the fruitfulness and colour of Autumn or the brisk cold and dark nights of Winter?

I love Autumn. I love the leaves turning with colours of flaming golds and oranges – that first coolness of the morning. I love the feel of leaves as you walk through them.

I am not a poet, so the words of the popular hymn "How Great Thou Art" express my feelings about walking through autumn landscapes "*When through the woods, and forest glades I wander, And hear the birds sing sweetly in the trees. When I look down, from lofty mountain grandeur. And see the brook and feel the gentle breeze. Then sings my soul, My Saviour God, to Thee, How great Thou art, How great Thou art.*"

West Row may not be well known for its mountain grandeur, but I feel just the same when I walk past the Lark or contemplate the fens – it brings me to thank God for his wonderful creation.

Our universe is so amazing – from the farthest reaches of the universe with its ancient galaxies, the pull of the massive black hole at the centre of our own galaxy, the rhythm of the seasons, the sight of fish swimming in the clear waters of the river, the intricacies of life under a microscope to the miracle of a newborn baby.

There is not one bit which isn't amazing and wonderful – and it's equally amazing and wonderful we have the capacity to marvel at it and through science have some understanding of it.

All this is an invitation to wonder, and from wonder to worship. "*The heavens declare the glory of God, the skies proclaim the work of his hands*" as it says in Psalm 19.

So this Autumn I invite you to wonder: just for a moment to stop and look at our amazing world, to focus on one aspect of the world and allow yourself to be overtaken by wonder, and by the amazing privilege we have that we, alone of all the creatures on this planet, can wonder and understand something of the universe's complexities.

And I invite you to join in a **Harvest** service this Autumn for a moment of wonder and worship. There is one at **the Shed on Saturday 21st September at 2pm** and another at **St. Peter's on 6th October at 11am**. You will be very welcome.



From the Pastor's Desk

evan@westrowbaptistchurch.org.uk

What do you really value in life? What do you really treasure? We all have something or someone in our lives that we cherish above all else ... but we are also acutely aware that sometimes we are forced to view life from a different angle when our earthly treasures do not seem as important as they once did. It may be an illness or even the loss of a loved one that brings us back to the reality of this world and it is in times like these that we often question what is important to us in this life. As one well-known preacher says, *"what kind of car you drive away from the hospital when you find out that your loved one has been diagnosed with malignant cancer doesn't matter, does it? The same goes for your clothes, your jewelry, your gadgets, your home – all of a sudden, they're not nearly as important as they once seemed."*

God has given you all those things and so much more and you can and should enjoy them. It tells you this in the Bible. In 1 Timothy 6:17 it says that it is God "who richly provides us with everything to enjoy." As your great provider God is the One you should treasure above all else. Without God you wouldn't be blessed with all the other things and the people who so enrich your lives. Again, the Bible highlights this in Psalm 16:2. There you read, "I have no good apart from you."

The harvest is upon us but how many of you acknowledge that God is the One who makes the grain to grow and that He's the One that provides you with all your food? And this is only scratching the surface! Who gives you the ability, the health and strength to walk out your door and to enjoy the produce of the harvest? Who makes it possible for you to come in from a hard day's work in the field, in the office or in the home and enjoy the rest of the evening and the sleep of the night so you wake up refreshed and ready for a new day?

All this is only possible through the enabling grace of God. He is the One who looks after you and who sustains you. He is the One who gives you life and breath. You truly have no good apart from Him. What's more, He is so generous, He shares all that He has made with you. He is the source of all you have and He Himself should therefore be your greatest treasure.

God is so generous that He gave you His greatest treasure, His Son, the Lord Jesus so that if you believe in Him, you will not die but have eternal life. (John 3:16) You need to believe in Him and in Him only, to make you acceptable in God's sight. In John 14:6 we read, "Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me." You cannot make yourself acceptable to God – it does not matter how hard you try to do what is right, how much money you donate to great causes or how many times you attend services in the chapel or another place of worship – these things don't make you acceptable to God! Again it tells us in Isaiah 64:6 that our best deeds are like "filthy rags" in His sight.

There are those who believe that simply coming along to special celebrations like Harvest Thanksgiving Services earn them "Brownie Points" with God. That too is at best wishful thinking and at worst full blown satanic deception. Don't get me wrong, it's good to attend all services but it must be done with the right motives and with the correct understanding and conviction that it is only the Lord Jesus Christ who makes you acceptable in God's eyes.

When you believe that and it is evident in how you live your life, then things like the morning Harvest Family Service and the evening Harvest Celebration which we have on the 3rd Sunday evening of September take on such great significance. As you sing harvest songs and hymns, read God's Word, the Bible, and as you view the beautiful harvest displays that accompany the celebrations you are reminded just how good God has been to you and how good He is to you right now and you do treasure Him and His faithfulness to you.

Continued on page 19

However, if you don't trust in Jesus, each harvest time that goes by is just another gracious warning that there is a God, that He is the great designer and sustainer of all things and that one day He is going to return to right all wrongs. The harvest is frequently used as an illustration in the Bible to warn people that the world that we live in will come to an end and that all people will then stand before God and give an account of how they have lived their lives. God is clear that it is only those who have placed their trust in Jesus, who have believed that He paid the penalty for their sin (the breaking of God's Law) when He died on the cross and have willingly submitted themselves to Him and are obediently carrying out His commands who will be welcomed into heaven.

All others, God warns, will spend eternity paying the price for their own sin! I would suggest that it's time to be honest with yourself. What does harvest time mean to you? Is it just another time of year or is it a time to thank God for His rich blessings to you in providing your physical needs through food and your spiritual needs through the Lord Jesus? Your answer to this will inform you if you are part of His Church or not. If not, why not ask Him to be gracious to you and reveal Himself to you this Harvest time?

May the Great Creator whose power is displayed day by day by an unwearied sun, create in you a pure heart and renew in you a steadfast spirit.

I trust you have enjoyed the summer.

Evan

Jesus said, "I am the way, the truth and the life." John 14 v 6

The Shed is very pleased to announce the return of our Tea Room

Opening hours will be TUESDAYS from
11am – 12.30pm Tel: 01638 715329



FREE, no booking necessary. Just come visit

FMI: theshedcharity@gmail.com



BINGO NIGHT
WITH MERV

**West Row
Bowls Club**

FRIDAY
6th
SEPTEMBER
7:00-7:30PM

**GREAT PRIZES!
FUN FOR ALL!**

Licenced Bar - Raffle

for more details - Ring 01842 861618

West Row Bowls Club

**70's,
MOTOWN
& SOUL**

Saturday 7th September



The Heatwaves

Tickets Non Members £15
Members £12

avaialbe from WRBC or Carol 07816967158

Licenced Bar - Raffle
Doors Open 7pm Starts 8pm



BINGO NIGHT
WITH MERV

**West Row
Bowls Club**

Saturday
26th
October
7:00-7:30PM

**GREAT PRIZES!
FUN FOR ALL!**

Licenced Bar - Raffle

for more details - Ring 01842 861618

100 Club Winner

Congratulations to this time's
winner

Number 157

Frances Copsey - £55.00

For Further information or to join,
contact the Sharon The Parish clerk at
westrowpc@gmail.com

The 100 Club helps support the
printing of the Parish Echo.

DOWN THE SHED September — October 2024

theshedcharity@gmail.com



OPEN DAY: The Volunteers and Trustees would like to thank everyone who helped make this a very special day.



A huge amount of interest was shown and we were proud to



show off our achievements. Ranging from creating raised beds, extensive vegetable, fruit and shrub plots, not to mention our pond with accompanying duck weed.

We have a disabled toilet, Michael is continuing to repair our tool shed, offering much needed storage space. Plus, we have a secure container.

We continue to help those in need through **Care Boxes**, managed by Chrissy, June, Paul and Val. Who, along with Bill, Chris and Jody also help keep our front stall well stocked. The Honesty Box had a make-over, **now silver** on the same wall as before, beside the veg. display.

Please do not leave donations in the unsecured Green Letterbox.

Little Shed is available 24 x 7, please keep the door closed as it helps prevent intruding wildlife.

Also, if you see our main gate open when we're not there, please close it. Helps prevent unexpected visitors.

If you were unable to come along to the **Open Day**, you are more than welcome to visit us any Tuesday, Thursday or Saturdays from 10am.

Or – come along to our Harvest Festival, on Saturday 21st September, 2pm

VOLUNTEERS Always appreciated, especially if you Would like to help in our many gardens. Don't worry if you have limited experience; we have two very knowledgeable regulars who will gladly show you easy tasks, either in the vegetable plots, or the flower/shrub gardens. We welcomed Molly recently who needed a placement in order to complete her Duke of Edinburgh Award.. She is a valuable asset and we hope she will continue to help out when she can, academic studies permitting. Molly has promised she will encourage her sister to come along.

Other regular volunteers are: Viv and Dave Bowers, Kim, Penny, Bill, Paul x 3, Jackie, Chrissy, Val, June, Michael and Jean, and most recently Jody and Chris.



SURPLUS FOOD: As you know, we collect surplus food from local supermarkets. They all now have a policy that food should be collected in the evenings (on rare occasions, some stores will retain ambient food for the next morning collection, but their general policy is not to hold chilled or frozen surplus. We could reach more people and collect from more supermarkets if volunteer drivers wish to become involved, it may require you to add a small amendment to your vehicle insurance which at the last check was £10 per year. We are a charity, and our volunteers drive their own vehicles. But there may soon be plans to acquire our own van.

FUTURE Events/ACTIVITIES:

Christmas Boxes are always popular, so we would like you to nominate a family or single person who would appreciate a few festive treats

Greenhouse: We have a large greenhouse to erect. If you can help, that would be fantastic. We have the frame already put together, - it just needs 4 people to make matters a tad easier. Get in touch with a preferred day.

We are blessed to have two suppliers of **Pony Poo**. This makes an excellent base for our compost. If you need to know the best way to build your own compost – come along and chat with Paul, he'd be glad to advise.

Our **BIG CIRCLE** is available for bookings. If you have a family party to organise, but not sufficient room, get in touch as we can offer FREE facilities. The Shedis a Community Asset and a registered charity. As such we offer our facilities **free** of charge.



Unfortunately **Rich's Man Club** is taking a summer break from meetings. But watch this space. When sufficient interest is shown, it can be revived. If you prefer a different date, let Richard know and it can be considered. Contact Richard Fleet FMI. Or find the group on FB: Rich's Man Club

AGM: Our AGM is usually in September. Confirmed date will be published in due course.

The Shed is a registered charity and a Parish Community Asset

Our facilities are FREE to use/

All welcome to visit, browse, help or ask questions

FMI:email:theshedcharity@gmail.com

Tel:01638 715329

EARLY AUTUMN QUIZ 2024

All answers are 'trees / shrubs'

e.g. Goes with ivy especially at Christmas (5)ANS - HOLLY

- 1. Sounds like a personal pronoun? (3) ANS.....
- 2. Could be a sequoia? (7) ANS.....
- 3. Its seeds are conkers! (5,8) ANS.....
- 4. A neutral/warm cream colour? (8) ANS.....
- 5. Pay attention to your personal appearance? (6) ANS.....
- 6. Well known for its canes? (6) ANS.....
- 7. Often referred to as an older person? (5) ANS.....
- 8. It is 'a party chan' alternative? (it is 9 letters) ANS.....
- 9. Sounds as if Kirk and Michael could be wrapped up in this? (7,3) ANS.....
- 10. A silent letter taken from the sweetshop? (8) ANS.....
- 11. Take a leaf from the symbol of Canada? (5) ANS.....
- 12. Often used in making lightweight model aircraft? (5) ANS.....
- 13. An alternative to the old smoker discontinued in 1988? (8,7) ANS.....
- 14. Could also be the common camellia? (8) ANS.....
- 15. Half of an 'old' slapstick comedy duo? (6) ANS.....
- 16. Where the harps are hung in Psalm? 137 (6) ANS.....
- 17. A ball kicked through an opponents legs (6) ANS.....
- 18. Well known for its skiing in the USA? (5) ANS.....
- 19. A chromosome with the Universities Central Council on Administration? ANS.....
- 20. Enid's Magic / Folk of/ Up? (3, 7, 4) ANS.....

NAME OF ENTRANT.....

ADDRESS.....

Contact tel. no

N.B. PLEASE POST YOUR ENTRY IN THE BOWLS CLUB SILVER LETTER BOX SITUATED ON THE FENCE BY THE 6th OCTOBER 2024

THERE IS ALWAYS A PRIZE AWARDED TO THE WINNER

WEST ROW HISTORICAL SOCIETY

The West Row Historical Society (WRHS) met on Thursday 8th August to discuss the Parish arrangements for Celebrating/Commemorating the End of WWII, otherwise known as VJ Day (Victory over Japan).

The steering group is supported by the Parish Council, but for funding purposes the WRHS will take the lead.

We will also acknowledge VE Day 8th May 2025 with wreath laying and the Beacon lit at 9pm in keeping with the Nation.

But as so many of our young people remained in captivity until **VJ Day**, we thought it more appropriate to host our Parish activities on that anniversary.

Our inaugural meeting defined the initial plans and it was agreed the events would take place from

(Dates for your Diary): Friday 15th August through Sunday 17th August. 2025

Events will be held at the Village Hall/Bowls Club/St.Peter's/Church Hall and St. Peter's Green.

Friday 15th Aug. will be the opening ceremony with the lighting of the Beacon and The Tribute read

Saturday 16th Aug. will be the Celebration of the End of WWII, with a Pageant Parade, vintage vehicles, Fete, Dancing, Singing and Sunshine. A Pop-Up Museum, WWII re-enactment, talent show, plus many typical WWII fete activities. Flower show, ploughing demo. and lots, lots more.

Sunday 17th Aug Commemorating those who returned injured and those who never made it back.

Wreath laying, prayers and the Church Hall will host demonstrations of war related themes: Cooking within the ration allowances, rug making, jam making, rural crafts

(All events subject to change – greater detail will be posted on social media, the Parish Echo, posters, etc.)

The planning group would welcome anyone who is interested to help or taking part.

We will meet monthly at the Parish Office (the old Bowls Outdoor Club), 7pm on Thursdays.

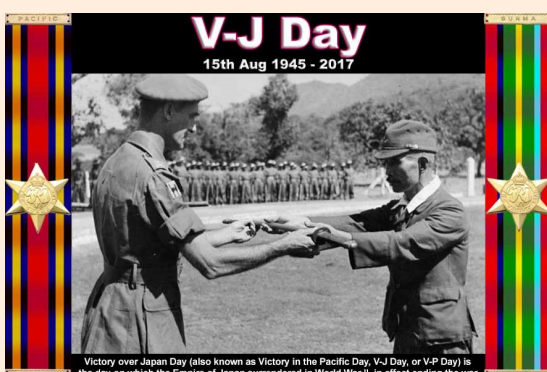
Next meeting is at 7pm on 21st September.

PS. We would like to hear from anyone who has memorabilia to loan or scan, vintage vehicles, stories to tell, photographs, taking part in the Pageant, helping at the Fete or wishing to lay a wreath.

Contact:

Shirley or Ellen Clark ellenclark1914@gmail.com or Roz Hamill: rosalind_hamill@yahoo.co.uk

Tel: 07976 670 679 or 01638 715329 (please leave a message).



To Celebrate the 90th Anniversary of the
Mildenhall to Melbourne Air Race
&
The Opening of the Mildenhall Air Base



MILDENHALL FLOWER CLUB

Are holding a
FLOWER FESTIVAL

18th, 19th, 20th October, 2024

Friday and Sat 11.00am to 4.00pm/ Sunday 12.00pm to 4.00pm

In The Methodist Church Mildenhall IP28 7EJ

REFRESHMENTS

Free Entry (Donations to Church and Club Funds welcome)

To Celebrate the 90th Anniversary of the
Mildenhall to Melbourne Air Race
&
The Opening of the Mildenhall Air Base



AS PART OF THE MILDENHALL AND DISTRICT FLOWER CLUB FESTIVAL THERE WILL BE
AN ILLUSTRATED TALK ON THE AIR RACE BY CAROL COOPER AND ANNE HUGHES

FRIDAY, 18TH OCTOBER AT 6.30P.M.

IN THE METHODIST CHURCH.

FREE ADMISSION REFRESHMENTS WILL BE AVAILABLE.

ALSO

THERE WILL BE A SERVICE CONDUCTED By The Rev. Paul Mellor

SUNDAY 20TH OCTOBER AT 10.30AM

IN THE METHODIST CHURCH

ALL WELCOME